

Clinton events

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The First Selectman's Corner

The Connecticut Police Chiefs Association (CPCA) annually recognizes police officers for acts of heroism. On September 24, 2017 four of Clinton's finest officers received the Medal of Valor Award at a CPCA Awards Ceremony. Attending to thank the recipients on behalf of the town were First Selectman Christine Goupil, Selectman Phil Sengle and Police Commission Chairman Peter Niles. The following is the award nomination narrative submitted by Clinton Police Chief Vincent DeMaio.

"On September 17, 2017 at approximately 0030 hours the Clinton Emergency Communications Center began receiving telephoned reports of a loud explosion and of homes being shaken as a result. Within minutes the call center was inundated with calls reporting the same thing from multiple areas of Clinton and surrounding towns. Officers were dispatched to attempt to locate the source.

At approximately 0034 hours, dispatchers received a call reporting a fire at the Evergreen Springs Mobile Home Park located at 229 Killingworth Turnpike. Emergency responders from Clinton Police and the Clinton Volunteer Fire Company responded to the area and found that a mobile home at that location had been completely leveled by an explosion. There was an active fire and many of the surrounding homes were severely damaged.

Upon arrival, responding Sergeant Carlson, Corporal Strunjo, Officers Matakaetis and Torino found an elderly male in the

rubble, on fire and unable to move. Working as a team (and without protective clothing), they entered the burning debris field and extricated the man from the rubble. The man relayed to the officers that his wife was in the home when it exploded. Without hesitation or regard for their own safety, the officers reentered the burning debris, located the woman and also dragged her to safety. Both of the rescued individuals were transported with serious injuries to Bridgeport Hospital via Life Star Helicopter at 0114 and 0117 hours respectively. Each sadly succumbed to their injuries in the days following.

The effects of the blast were felt for miles. First Responders from Old Saybrook, Madison, Killingworth and the Conn. State Police also responded to assist. The Clinton Volunteer Fire company extinguished the fire, secured the debris field and inspected surrounding structures.

Daylight the following morning revealed a wide stretching debris field with extensive damage to surrounding homes, vehicles and trees. The decedents' home was completely leveled and pieces of



Christine Goupil, First Selectman

continued on page 3

An advertisement for Saybrook Home. The background is a photograph of a man and a woman sitting on a dark blue leather sofa in a living room. They are both smiling and looking at a magazine or book together. The woman is holding a white mug. In the foreground, there is a coffee table with another white mug and some papers. The room has a clock on the wall and framed pictures. The text is overlaid on the right side of the image.

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Resident Doris Whitmore with daughter Beryl enjoying a cup of tea in the country kitchen.

Mom has Blossomed!

"Mom's memory loss meant her way of life was changing, but we did not want her quality of life to change as well. We are so happy at how quickly she settled into her new home and routine at Safe Harbor Memory Care Neighborhood in The Saybrook at Haddam. **Safe Harbor offers:**

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www.thesaybrookathaddam.com



A Memory Care Neighborhood
1556 Saybrook Road, Haddam, CT 06438

First Selectman... continued from page 1

their home were located over a half mile away from the epicenter of the blast.

Sergeant Carlson, Corporal Strunjo, Officers Matakaetis and Torino demonstrated the highest level of service to their community and towards the safety of others. Their brave and decisive actions clearly went well above and beyond the scope of their duties. Their selfless acts of heroism not only prolonged the lives of the victims, but allowed family members time to say a proper goodbye. Their acts also demonstrated to the Clinton Community the level of commitment their Department has to their safety and wellbeing.”



From left to right: Commissioner Peter Niles, Sergeant Todd Carlson, Officer Nick Torino, Chief Vincent DeMaio, Corporal Kyle Strunjo, Officer Greg Matakaetis, First Selectman Christine Goupil.

On October 10th, the Board of Selectman appointed Pat Barone as Poet Laureate for the Town of Clinton. Patricia Barone has a



Master's Degree from Wesleyan University and completed post graduate work at New York University where she taught writing as a Teaching Assistant.

Pat designed and taught a program for gifted and talented students in the Branford school system.

She was a docent at the Yale Center for British Art for ten years. She is a painter and has exhibited extensively in shoreline galleries and other venues. Pat founded the Clinton Art Gallery and is currently on their board of directors. She established and coordinates the Sunday Poetry Readings at the Poetry Place in the Clinton Art Gallery. Pat is a member of the Connecticut River Poets who meet monthly to share their poetry and who also read at local events and venues, including the Florence Griswold Museum and the Old Saybrook Historical Society.

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America is in Danger!
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First Selectman... continued from page 3

As the Town's representative, Poet Laureate Pat Barone will serve as an ambassador for poetry by promoting and encouraging the appreciation of creative expression through poetry and literary arts activities. She will write and share her work in public appearances, digital media, workshops, and inspire the community to find and share their own creative voice. Keep your eyes, and "ears" open for the Town of Clinton's first Poet Laureate Pat Barone. (see the following poem)

Along the Marsh still Greening

<p>phragmites nod gold, rustle purple as October nears. Ospreys slide slant winged across the sky, deeper blue now in Autumn's ambering light. Queen Anne's Lace buds green,</p> <p>blooms wide in white, lifts gnarled brown pods like omens within the flowering to defy nature's protocols while more obedient wild asters</p>	<p>bloom in seasonal time. No cold nights yet to dress swamp</p> <p>maples crimson, November winds to strip boughs to bones on oaks. Late-summer leaved, woven close by wild vine tapestries, taller trees shelter one whose red fruit fallen lifts apple incense in fragrant praise of ripeness.</p> <p style="text-align: right;">Patricia Barone</p>
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Families Helping Families

It's hard to believe we are approaching the end of another year. This year has been filled with mixed feelings for all of us at Families Helping Families. The feelings of sincere gratitude and appreciation for the unwavering support we have received from the entire Clinton community. We also see the fact that many Clinton families are struggling with numerous very heart wrenching issues. As we tell people around town, the character of the people of Clinton is something to behold. Time after time we have asked everyone to share their resources with us and time after time the entire Clinton community has overwhelmingly supported us. We have tried to have events where we can come together as a community and enjoy ourselves but at the same time raise needed funds to help Clinton families who are in the midst of some unforeseen and difficult circumstances.

Your donations have made a huge difference in the lives of some of these Clinton families and children. From making sure children had summer lunches, to providing new shoes and clothing, to making sure there some presents under the Christmas tree, to providing refurbished bikes helping children are where some of your dollars go. We provide fresh fruits and vegetables to the SSKP's Clinton Food Pantry each and every week. When there is a family emergency your funds are immediately used to help in many different situations.

We hope you will join us at our next event which is our "Soup's On" contest which is held as part of Christmas in Clinton on Sunday December 2 at Body Karma Studio on Main St. from 1-4. There you will find some of the best soups and you can



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We again thank-you for your continuing support of our mission in the Clinton community.

Miner T. Vincent, President, Families Helping Families

Detecting Lung Cancer Early Makes a Difference

When it comes to lung cancer, early detection is important. However, because there are often no symptoms associated with lung cancer, there is nothing to warn us that something is wrong.

Middlesex Hospital offers lung cancer screenings, which can help doctors find lung cancer in its early stages. The screening process takes less than 10 minutes, and the benefits are invaluable.

Middlesex Hospital recommends lung cancer screenings for anyone between the ages of 55 and 77 who currently smoke, or who quit smoking within the last 15 years.

To get a lung cancer screening, you must have a referral from your health care provider. If your doctor decides a screening is appropriate, your information will be sent to Middlesex Hospital Radiology's scheduling office and an appointment will be made.

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Detecting Lung Cancer Early... continued from page 5

You do not need to do anything special to prepare for a lung screening. The screening includes a low-dose lung scan, often referred to as a "CAT" scan, and it shows detailed pictures of the chest. This allows medical professionals to detect very small nodules or swellings in the lungs. Once the lung scan is taken, a board-certified radiologist will review it. If something abnormal is found, your doctor will contact you.

Private insurance companies cover lung cancer screenings for high-risk

individuals. The Centers for Medicare and Medicaid Services also cover the screenings. Some companies may require prior authorization.

Middlesex Hospital offers lung cancer screenings at the following four locations:

Middlesex Hospital
28 Crescent Street
Middletown, CT 06457

Middlesex Hospital Outpatient Center
534 Saybrook Road
Middletown, CT 06457

Middlesex Hospital Marlborough
Medical Center
12 Jones Hollow Road
Marlborough, CT 06447

Middlesex Hospital Shoreline
Medical Center
250 Flat Rock Place
Westbrook, CT 06498

For more information about lung cancer screenings, call 860-358-2066 or visit www.middlesexhospital.org.

Town Clerk

The holiday season is approaching. A great gift for your loved ones is their Fishing and Hunting license. 2019 licenses will be available beginning in December.

If you would like to submit your application for the Permanent Absentee Ballot list, please send your completed application along with a doctor's certificate (presumably on letter head), stating that you are unable to appear in person at your polling place.

The Town Clerk's office is open Monday – Wednesday 9 am to 4 pm, Thursdays 9 am to 7 pm, and Fridays 9 am to noon. Please call us with any questions at 860-669-9101.

Happy Holidays & Happy New Year!

Sharon Uricchio, CCTC
Clinton Town Clerk

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The Clinton Education Foundation

The Clinton Education Foundation is pleased to announce its 2018 Grant and Scholarship Winners. Pictured to right are Grace Maurice, Olivia Morrissey, Anthony Cimino, Alessandra Arnoldi and Oliver Taboada. Maurice, Cimino, Arnoldi and Cimino along with Carly Schmeidler (not pictured) are all recipients of the William Calvert Student Grants.

Morrissey along with Caitlin Jenkins, Wyatt Reu and Robyn Vuilleumier (not pictured) are the recipients of a 2018 Renfrew Scholarship. The 2018 Coviello Professional Educator Grants were awarded to Laura Pierandi of Eliot Middle School and James Messina of The Morgan School.

The student grants and scholarships were used for various sports and art camps, college tuition and assistance to attend



national competitions. The educator grants will be used to help purchase foreign language books and enrollment in Future Problem-Solving International.

The Clinton Education Foundation's mission is to enhance public education in the Clinton Public Schools. For more information and how to volunteer or donate, visit the CEF website: <https://sites.google.com/site/clintoncef>.

Photo credit: Maribeth Breen

From the desk of Tax Collector Melanie Yanus

Clinton Town Hall Hours

Monday, Tuesday, Wednesday 9:00 am – 4:00 pm

Thursday 9:00 am – 7:00 pm

Friday 9:00 am – 12:00 noon

Thursday and Friday hours may vary due to holiday closings

Several humorous tax quotes:

Mark Twain

The only difference between a tax man and a taxidermist is that the taxidermist leaves the skin.

Arthur Godfrey

I am proud to be paying taxes in the United States. The only thing is, I could be just as proud for half of the money.

Ronald Regan

The taxpayer: that's someone who works for the federal government, but doesn't have to take a civil service examination.

Pay by credit card, debit card or electronic check online.

We do accept credit card, debit card and electronic check payments online. We cannot process credit or debits cards in the office at this time. Go to www.clintonct.org. Click on the Online Bill Pay Icon. There is a \$.95 processing fee when paying by electronic check and a 2.95% processing fee for using a debit or credit card.

Income Tax Information is available online at www.clintonct.org. The 2018 calendar year tax payments should be available online in late January 2019. Click on the Online Bill Pay Icon. Enter the search criteria by typing in the last name. Leave a space. Then type in the first initial of the first name. Next, click on the IRS Payment Records for Year 2018 icon. Click the search button. In the section outlined in turquoise, click on the box next to IRS [X]. Next click on the View IRS box above it. To print out a copy hold down the Control key then press the P key.

Reminder: Search under every possible name(s) to find all your tax bills. A leased vehicle is listed under the leasing company. You will need to call the office with the license plate number for that tax information. 860-669-9067.

When you have a question about a tax bill you have received, please call immediately for assistance. If a change in assessment is needed to correct the tax amount due, the Assessor by law is the one to make the change. Call Assessor's office 860-669-9269.

Please do not staple or paperclip your check to your tax bill. Checks are to be made payable to the Town of Clinton.

We do not hold checks. Do not mail in post-dated checks.
continued on page 8

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Tax Collector... continued from page 7

On the (taxpayer) copy of a tax bill that you will retain, you should write the date and the check number when making payment. Be sure to keep your tax receipts. We do not rebill for tax bills that have a second installment due. You must remember to make the second payment.

When making a payment by mail, send in the payment stub(s) with the check(s). If you want a receipt, you must send in the entire bill and a self-addressed stamped envelope in order for us to return the taxpayer stub to you for your records.

If you are bringing the payment in person, please write out the check before arriving in the office and bring in the tax bill(s). Please do not pull the bills apart. We will receipt your part of the bill and keep the office copy for our records. This allows for a faster transaction for you and others who may be waiting in line.

If you are using your personal online bill pay to pay tax bills, be sure to list each bill

(list #) in the space provided. The bill numbers change each year. The payment will be mailed to us from your bank. If you do not have the bill numbers, then list all names that will appear on the tax bill(s) you are paying.

An incredible amount of mail is returned from the Post Office each time we bill. This is due to the fact the forwarding time has expired. When your mailing address changes and you continue to own real property and/or personal property in Clinton, you need to notify the Assessor's office 860-669-9269. Personal property includes all other property not classified as real estate, such as, but not limited to, machinery, equipment, furniture, fixtures, non-registered motor vehicles and leased equipment. If you sell or close a business in Clinton, be sure to contact the Assessor's office immediately to review the tax obligation period for your business.

Change of address for motor vehicles is done through the Connecticut Department of Motor Vehicles. A change of address for your license and each registration is required within 48 hours of moving. Changing your address for your license does not change the address for your registration(s). You can log onto the Connecticut DMV website to do those changes at www.ct.gov/dmv.

The timing of a change of address may still result in bills being sent to the old address. Failure to receive a tax bill does not relieve a taxpayer of the requirement to pay a bill(s). Consequently, if you do not receive a tax bill(s), the tax is still due with any interest, fees and charges due at the date of payment. Please call our office 860-669-9067 if you have not received a bill(s).

Please check-out the online services provided by the Department of Motor Vehicles.

DMV's Online Services – Go to the DMV website www.ct.gov/dmv. Here are just a few of the services as listed on the DMV website:

Check Driver's License Status

Sign up for official notifications

(such as a registration renewal notice). You will need to provide an e-mail address.

Cancel Registration and License Plates

(be sure to print out a receipt)

Check Property tax, Insurance, Emissions and Other

Compliance Issues

Lookup Registration Status

Pay Emissions Test Late Fee

Renew Registration

Reprint Registration Certificate

Lookup Wait Time at a DMV Office

Print Forms

Please take the time to check your license, vehicle registration(s) and emissions status.

If you owe municipal motor vehicle property taxes, you cannot register or re-register a vehicle. You will need to resolve your tax issue(s) before attempting to register or re-register a vehicle. If you owe taxes to the Town of Clinton, contact the Clinton Tax Office 860-669-9067.

If you receive a tax bill from another city/town that you did not reside in or garage your vehicle in as of October 1, 2017, contact the Assessor of that city/town to request a transfer to the correct city/town of residency as of October 1, 2017.

If you have not received a tax bill from Clinton and your vehicle was registered per the Department of Motor Vehicles on October 1, 2017 to the Town of Clinton, contact the Clinton Assessor's office 860-669-9269.

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Flu Vaccine News

It's really tough to stay on top of all the health news these days. We're here to help. Since the flu season is right around the corner, here's a snapshot of recent news stories about the flu vaccine. Flu shot helps people with diabetes. The seasonal flu vaccine is now recommended for everyone 6 months and older. But for some people it can be a matter of life and death.

During a seven-year study, British researchers looked at a group of nearly 125,000 people with type 2 diabetes - people who have a higher risk of cardiovascular problems.² In those with type 2 diabetes, the flu vaccine was linked with reductions in flu-season hospital admissions, including a:

- 30 percent reduction in admission for stroke
- 22 percent reduction in admissions for heart failure
- 19 percent reduction in admissions for heart attack
- 15 percent reduction in admissions for pneumonia or influenza

Among those who received a flu shot, the death rate was 24 percent lower than in those who had not been vaccinated. The study didn't prove a cause-and-effect connection between the two. But the results are pretty compelling.

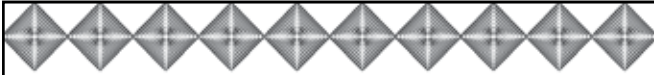
Limits of the flu vaccine "twofer." How do infants benefit when their moms have a flu shot during pregnancy? Previous studies showed a benefit, for sure. Now we know how long it likely lasts. Researchers in South Africa assessed more than 1,000 infants whose moms received a flu shot while pregnant. During the first eight weeks after birth the vaccines were 85.6 percent effective. After that, effectiveness ranged from about: 25 percent at eight to 16 weeks, and 30 percent at 16 to 24 weeks.

It's helpful to know this because current vaccines don't work well in infants younger than six months, and infants have high rates of the flu. Talk to me about other ways you can protect your baby. That includes washing your hands often, keeping your baby away from sick people, and making sure everyone else in your family is vaccinated.

Get your flu shot. If you're like many people, getting a flu vaccination can easily slip your mind. But a flu shot is too important to get bumped to the bottom of your priority list. Every flu season is different, and every person responds to the flu in a different way. The flu can lead to hospitalizations and even death. The flu season often begins in October, so there's no better time than the present.

Long-term protection. More good news? Another study has found that flu vaccines offer moderate protection for about six months. That's the length of most flu seasons. The study's findings suggest that a flu shot in early fall may prevent the greatest number of cases. Want to get a jump-start on that flu shot instead?

continued on page 10



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Flu Vaccine ... continued from page 9

Well, then, October is your month. Call your doctor or us for your flu shot options. We are ready if you need us. If you do catch the flu this season stop in for your flu needs and talk with

our pharmacist about your symptoms. We are here to help.
Keith Lyke, Registered Pharmacist,
Killingworth Family Pharmacy

Clinton Chamber of Commerce

CALENDAR

November 11	Angelina Diana, Psychic Medium	2:00 pm	Park & Rec Building
November 13	Business After Hours	5:30-7:30 pm	American Legion Hall
November 24	Small Business Saturday	All Day	Throughout town
December 2	Christmas in Clinton	1:00-6:00 pm	East Main Street
December 5	Business Basics	6:00-7:00 pm	HCH Library
December 6	Clinton Night at "Ivoryton Playhouse Christmas Hour"	7:30 pm	Ivoryton Playhouse
March 30	Business Expo	9:00 am-2:00 pm	Jared Eliot Middle School

The Chamber of Commerce is dedicated to enhancing the economic vitality and quality of life in our great town of Clinton. Some of the ways that we do that are to sponsor events for the whole town to take part in and enjoy. The Summerfest and Fireworks this past August is a great example how we work to build community spirit. Many people don't realize that the

Chamber of Commerce is an independent membership organization and not a part of the town government. As such, we rely on the contributions of our members and the community to maintain our programs. Our members sponsor many of our events as a way of giving back to the community. You can help by patronizing our member businesses and tell them that you saw their name as a sponsor to one of our events.

The Chamber is also a resource for finding the many services and products provided by our members. Check out our website at ClintonCT.com or call the Chamber office at 860-669-3889 the next time you are looking for something.

Being a resource for our members as well led us to partner with the Henry Carter Hull Library on a series of workshops titled Business Basics. These workshops are on the first Wednesday of each month and are currently featuring a series from the Small Business Administration called "Business 101:Ready, Set, Go" which covers how to get ready to start a business, setting up the business and finding all the resources needed to keep the business going. Look for workshops on Social Media and Marketing and Cyber Security in the coming months.

Some of the other events we have coming up in the near future include:

Small Business Saturday

The Saturday after Thanksgiving,

November 24, look for our members participating in this annual event that celebrates shopping small and shopping local. Many people are amazed to find out that what they have been looking for was right here practically next door to them all along.

Christmas in Clinton

This annual celebration of small town New England Christmas grows bigger every year. On Sunday, December 2, we will have more groups participating with more things to do and see, and, of course, Santa arrives to light the town tree. Watch for more information coming out.

Ivoryton Playhouse Christmas Hour

Baby, it's gonna be cold outside – come to the Ivoryton Playhouse to warm your heart with an old fashioned Christmas celebration of holiday standards and sacred songs featuring David Pittsinger and Patricia Schuman, Carly Callahan and more special guests to be announced. We are pleased to have partnered with the Ivoryton Playhouse for the Thursday, December 6 performance which will highlight some of our members. Tickets are available from the Chamber; call us at 860-669-3889.

Business Expo

Our Business Expo returned to its old format in 2018 and on March 30, 20019, it will continue to grow as a showcase for local businesses to the community.



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Diabetes and the Eye

Diabetes is a disease that affects your ability to produce or use insulin to effectively control the blood sugar (glucose) levels in your body. Too much glucose in the blood for an extended amount of time can damage many parts of your body, including your eyes. According to the CDC (Centers for Disease Control and Prevention) about 90% of diabetes related vision loss can be prevented with early detection. Yet a study performed by researchers at Wills Eye Hospital saw that 60% of people with diabetes skip their annual exam needed to preserve their vision. It is imperative that people with diabetes get an annual dilated eye exam because ocular complications due to diabetes may show no signs or symptoms.

When blood vessels in the eye's retina swell, leak, or close off, or if abnormal new blood vessels grow, it is called diabetic retinopathy. People who are at a higher risk of developing diabetic retinopathy are those who have diabetes or poor blood sugar control, women who are pregnant, and people with high blood pressure or high blood lipids.

Diabetes can also cause your vision to change even if you do not have retinopathy. If your blood sugar levels change very quickly, it can affect the shape of your eye's lens which causes blurry vision. Your vision usually goes back to normal after your blood sugar stabilizes.

According to the Academy of Ophthalmology, the top 5 steps to help prevent diabetic eye diseases are:

- Get a comprehensive dilated eye exam from your ophthalmologist at least once a year.
- Control your blood sugar
- Maintain healthy blood pressure and cholesterol levels
- Quit smoking
- Exercise

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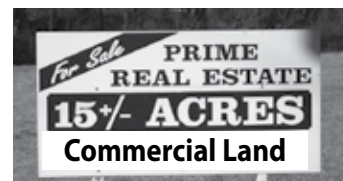


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Henry Carter Hull Library Programs

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A note from Adult Programming Coordinator, Sarah Borgnis-Tobin:

Great news - Clinton LOVES to read.

This past summer, adults participating in our Summer Reading Program logged over 800 books! Local sponsors such as Clinton Crossing Premium Outlets, Clinton Town Pride, and Cindy Stevens Art Studio provided us with great prizes which were raffled off to excited readers. We thank you, the readers of Clinton, and our generous sponsors for helping us make this event a success, and we look forward to Summer Reading 2019!

Happy 20th Birthday Henry! We are celebrating the library's 20th anniversary at its current location! Can you believe we've spent 20 years at 10 Killingworth Turnpike? Friends are invited to join us on Wednesday, November 14th from 5:00 pm to 7:00 pm for a 20th Anniversary Party. We'll have games, prizes, photos, coffee, tea and cake!

Have an idea for a program? Interested in sponsoring an event? Email sarah@hchlibrary.org to share your thoughts and discuss options. 100% of library events are funded by generous donations from citizens and community sponsors, and your input and support are appreciated.

ONGOING WEEKLY ADULT EVENTS

Itch to Stitch: Mondays @ 6:30 pm - Crochet or knit with fellow fiber arts enthusiasts.

Intermediate Tai Chi: Wednesdays @ 9:30 am - Guided by Kim Langley.

Gentle Yoga: Thursdays @ 10:15 am - Guided by Amy de Lucia. (Starting in September)

HCH Quilters: Fridays @ 9:00 am - Bring your project and work with friends.

Beginner Tai Chi: Fridays @ 9:30 am - Guided by Kim Langley.

ONGOING MONTHLY ADULT EVENTS:

New Movie Matinee: 1st Monday of the month @ 1:00 pm - Screening of a newly released film with popcorn provided by

Chips' Pub III.

Creative Writer's Group: 1st Monday of the month @ 6:00 pm - A casual meeting to hear, read, and discuss all formats of original creative writing.

Business Basics: 1st Wednesday of the month @ 6:00 pm - A free monthly business workshop presented by the Henry Carter Hull Library and Clinton Chamber of Commerce.

TEDxHCHLibrary: 3rd Tuesday of the month @ 9:30 am - TED Talks screenings & conversation.

Shoreline Stock Investors: 1st Thursday of the month @ 6:00 pm - Discuss investing trends and options.

Caregiver Support Group: 2nd Thursday of the month @ 5:30 pm - Guided conversation with peer caregivers.

The Atlantic Discussion Group: 4th Wednesday of the month @ 9:30 am - Reading circle. (Please register)

Wellness Wednesday: Last Wednesday of the month @ 6:00 pm - Workshops and classes on a variety of health and wellness topics.

SPECIAL EVENTS FOR ADULTS IN NOVEMBER

Come Write In! National Novel Writing Month - During November, we're your dedicated NaNoWriMo writing space on Tuesdays from 4:00 pm - 8:00 pm and Thursdays from 9:00 am - 1:00 pm.

Creating a Safe Community: Discussion at Morgan Auditorium: Thurs. 11/1 @ 6:30 pm.

New Movie Matinee: Mama Mia! Here We Go Again: Mon. 11/5 @ 1:00 pm.

Immunization Clinic: Flu Shots & More: Tues. 11/6, 5:00 pm - 7:00 pm.

Business Basics: Get SET with Credit & Loans: Wed. 11/7 @ 6:00 pm.

Earning a High School Diploma: Options for Adults: Thurs. 11/8 @ 6:30 pm.

CLOSED: Veterans Day.

20th Anniversary Party: All-Ages Celebration: Wed. 11/14, 5:00 pm. - 7:00 pm.

Evening Art Film: BlacKkKlansman: Thurs. 11/15 @ 5:30 pm.

Parenting Workshop: Identifying Learning Disabilities: Sat. 11/17 @ 10:30 am.

TEDxHCHLibrary: Top TED Talks of

2017: Tues. 11/20 @ 9:30 am.

From Page to Screen: Crazy Rich Asians: Tues. 11/20 @ 5:30 pm.

Adult Craft Night: Kindness Rocks: Wed. 11/21 @ 5:30 pm.

CLOSED: Thanksgiving: Thurs. 11/22.

Giving Tuesday: Donation Drive: Tues. 11/27.

Travel Workshop: Tues. 11/27 @ 5:00 pm.
Wellness Wednesday: Diabetes Discussion: Wed. 11/28 @ 6:00 pm.

SPECIAL EVENTS FOR ADULTS IN DECEMBER

Happy Jolabokaflo! During December, visit our booksale for bargains and a chocolate surprise.

Christmas In Clinton: HCH Library Downtown Storywalk: Sun. 12/2.

New Movie Matinee: TBD: Mon. 12/3 @ 1:00 pm.

Smeagull the Seagull: Extraordinary Wild Animals of Connecticut: Tues. 12/4 @ 4:00 pm.

Business Basics: GO Find Support & Resources: Wed. 12/5 @ 6:00 pm.

TEDxHCHLibrary: TED Talks for Foodies: Tues. 12/18 @ 9:30 am.

Evening Film Screening: TBD: Wed. 12/19 @ 5:30 pm.

CLOSED: Christmas Eve: Mon. 1/24.

CLOSED: Christmas Day: Tues. 12/25.

CLOSED: New Year's Eve: Mon. 12/31.

Special Events for Adults in January:

CLOSED: New Year's Day

Business Basics: Topic TBD: Wed. 1/2 @ 6:00 pm.

New Movie Matinee: TBD: Mon. 1/7 @ 1:00 pm.

TEDxHCHLibrary: Topic TBD: Tues. 1/18 @ 9:30 am.

Evening Film Screening: TBD: Wed. 1/23 @ 5:30 pm.

CLOSED: Martin Luther King Jr. Day:

Wellness Wednesday: TBD: Wed. 1/30 @ 6:00 pm.

From Head of Children's Services, Coralie Williams: Greetings from the Children's Room! Drop-in and join us for yoga, Spanish, music and/or one of our story times. A few of our special programs include Creative Movement with the

Eastern Connecticut Ballet (registration required), Cool-ology STEM classes for 4th-7th graders, and the Kindness Club. 4th and 5th graders are invited to join Miss Coralie on December 5th at 5:30 for the Nutmeg Book Club. We will discuss the 2019 Nutmeg Book Award nominee *A Handful of Stars*. We will also do a craft / activity related to the book. Pizza will be served. Call us at 860-669-2342 to reserve your copy of the book and to register.

Congratulations to all the Kindergarteners who received their very own library cards last month at Joel Elementary School!

Stop in on Tuesday afternoons from 4:00-5:00 to meet Bee, our new Therapy dog. Bee can help reluctant or anxious readers improve their skills.

WEEKLY EVENTS

SEPTEMBER 4TH - DECEMBER 22ND

MONDAY - Baby & Me 4:00-4:45 (birth-24 months). Imagination Station 5:30-7:30 (all ages).

TUESDAY - Crafty Kids 9:30-10:00 (older toddlers & preschoolers). Kids in Motion 4:00-4:45 (family fun). Read to Bee the Therapy Dog 4:00-5:00 (school-aged).

WEDNESDAY - ABC Amigos 9:30-10:00 (toddlers & preschoolers). Lego Club 4:00-5:00 (all ages). Kindness Club 5:30-6:30 *2nd Weds. of each month (school-aged).

THURSDAY - Yoga & Mindfulness 9:30-10:00 (family fun). Rainbow Music 4:00-4:45 (1-6 yr olds).

FRIDAY - Stories & More 10:00-10:30 (toddlers & preschoolers). Stay & Play 10:30-11:30 (all ages).

Creative Movement: Nov. 21 & Jan. 9th @ 4:00 Registration required.

Cool-ology: CPS early dismissal Thursdays @ 1:00-2:00 Nov. 15, Dec. 6th.

A note from Head of Young Adult Services, Cathleen Cole:

The SAT mini-course is here! Join SAT

Expert Jill Lecar, owner of SAT/ACT Prep, for a six session class on the SAT at the Henry Carter Hull Library. Learn strategies and content for the math test and the reading and written language test. Master the techniques and tips to make your test taking experience a confident one. Jill Lecar has over 25 years of experience preparing students to take the SAT and ACT exams. We are pleased to offer this FREE, 6 session SAT Prep class for Clinton students who are current members of the junior class. This class is limited to 20 students and requires advance registration. Each participant is required to attend all sessions and all materials are provided free of charge. Each student will receive the Official SAT Preparation manual published by The College Board for use during the class. This program consists of 6 sessions of 1.5 hours each and covers the topics below. Classes are held on Tuesday and Thursday January 29 & 31 and Feb 5, 7, 12, & 14 from 6:30-8:00. Please register at: <http://hchlibrary.org/event/free-6-session-sat-preparation-class/>.

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An Eagle Scout Returns...

NEW BRIDGE AT PETERS MEMORIAL WOODS

The Clinton Land Conservation Trust (CLCT) is happy to report that there is a new foot path bridge over the marsh on The Ernest Burnham Trail at their Peters Memorial Woods property located on Valley Road. The old bridge, which had been there for 30 years, was finally starting to show some wear and, because of the severe storms that we have had recently, was damaged by falling tree limbs. The beautiful part to this story is that the new bridge construction was done by Brian Wilson who, in his Boy Scout days back in the 1980s, was the young man who constructed the original bridge.



In the early 1980s Lou Bougie, a founding member of the CLCT in the 1960s, approached the Scouts and asked for help marking boundaries and putting in trails at the newly acquired Peters Memorial Woods. Brian and a fellow scout, Peter Merry, heeded the call and volunteered to work marking boundaries using a surveyor's map (remember, there were no GPS cellphone apps then). They cut the first trails, The Princess Pine Trail on the southern and eastern boundaries and The Laurel Ridge Trail on the northern boundary.

That was the beginning of the numerous trail systems not only in Peters Memorial Woods but also on several other properties that the CLCT has built and manages on the over 800 acres it owns in The Town of Clinton. Brian, on his own, then continued to work on The Burnham Trail which is where he eventually built the first marsh bridge.



Brian Wilson

The original bridge footings were made from cedar trees that Brian felled and cut into lengths. He stood in his hip boots and pounded them into the marsh and attached planks to the posts that would last for over 30 years. As a whimsical touch he has left part of the old bridge next to the new one. Hikers can see some history and maybe ponder the lasting value of the efforts so many people have made to make Peters Woods an accessible and stunning area of preserved forest.

Brian did a lot of other work in Peters Woods during the 1980s. Among other things, he helped build additional trails,



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he put in rock steps on The Laurel Ridge Trail and, when you first enter Peters Memorial Woods from the parking lot, you will see the wooden hand carved map of all the trails at Peters Woods. Yes, he made that, too.

Before Brian left Clinton to go to college in Upstate New York and eventually move to Pennsylvania in 1994, he saw the damage caused by the Hemlock Wooley Adelgid in Peters Woods where hundreds of trees were killed by the insect and the CLCT made the decision to log large areas of woods before the trees rotted and fell. He also, as a member of the Clinton Volunteer Fire Department, helped put out a fire in Peters Woods undoubtedly fueled by the dead Hemlocks.

Over 35 years later in March of 2018 Brian contacted the CLCT and said that he was moving back to town and he would like to take up where he left off with his work in Peters Woods. Since then and during one of the hottest, wettest summers in recent years Brian has installed steps, rerouted trails, added plank walks and then began

the new bridge construction project on the Burnham Trail. The CLCT decided that it would not be beneficial to take down any more cedar trees to use as footings, so the decision was made to use pressure treated lumber instead. It was a lot of work to just haul the materials in, but he had some help from a couple of young volunteers, Matt Roberts and Will Gardner, both students at Morgan. We are very grateful for their hard work. Brian then put the hip boots back on and again hand pounded in the new footings. After several weeks, we have an impressive new bridge set to last for another 30 years.

We would like to thank Brian for his volunteerism, his ingenuity and his lifelong efforts to create great places to walk in Clinton. He says that "it feels good to be back in Peters Woods and he is grateful that an organization like The CLCT is around to preserve places like this for generations to come." Brian describes the woods as, "his sanctuary."

We would also like to thank all the other generous volunteers who have donated



Matt Roberts and Will Gardner

their time and money to the CLCT over the 50 years that we have been preserving Clinton's Natural resources. It would be impossible to have beautiful open spaces like this without public support. A "reopening" of The Burnham Trail was planned on October 20th. If you didn't make it, stop by Peters Memorial Woods at any time and take a walk. You won't be disappointed.

For more information about the Clinton Land Conservation Trust including membership information and maps that you can download of all our hiking properties go to www.clintonlandtrust.org.

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Connecticut Cancer Foundation - John & Jane Ellis by Sigrid Kun

An enduring promise to help Connecticut cancer patients and their families.

The story of John and Jane Ellis is one of love, inspiration and dedication. She says he had the vision. He says she's the angel who does everything. Together, they are strong individuals who never wavered since John made a most solemn promise.

Born in New London, John was a high school standout in football and baseball. He went on to a 13-year major league baseball career. The catcher debuted in 1969 with the New York Yankees (1969-1972), hitting a home run in his first at bat. He also played for the Cleveland Indians (1973-1975) and Texas Rangers (1976-1981).

A routine life insurance examination revealed a spot. He had been a picture of health - jogging 10 miles a day. At age 38, the 1971 Topps All-Star Rookie had Hodgkin's lymphoma. He had already lost a brother, sister and sister-in-law, each to cancer. "Sitting there in the hole, getting your juice, and breaking it down. I made a deal," explains John. "If you let me live, I'm going to do this. I said I'd dedicate my whole life to the needs of the needy."

That was 1987. Together, the couple started a foundation whose mission has remained steadfast - to provide financial assistance to Connecticut cancer patients and their families and to fund cancer research. He is the Chairman/Founder. She is the President and Executive Director. The formula is simple. Many individuals affected by cancer struggle with basic living necessities. The foundation is there to help.

Oncology social workers in Connecticut provide referrals to the foundation. Applications are reviewed each Monday, with grants made within a week - an unheard of turnaround. If there is an emergency, they will do what they can right away. "It's all local. "You know where the money is going and that makes us unique," notes Jane. To date, the foundation has provided almost \$6 million in financial assistance to CT families and over \$2 million to lymphoma research. A \$7 million endowment ensures its future.

Their signature fundraiser is an annual celebrity dinner first held in 1988 at the Groton Motor Inn. Mickey Mantle, Whitey Ford and Billy Martin were there. "It was like a group of friends, getting together and telling stories," relates Jane. "It was special." The event raised \$100,000. At the end of the evening, Mickey observed "I hope this foundation goes on forever."

The event has grown markedly and is now hosted by a key corporate partner, Mohegan Sun. The next celebrity dinner will be held on February 8, 2019. The list of attendees are a testament to the relationships/trust that the couple forged over the years: Don Zimmer (who once released John), Yogi Berra, Derek Jeter, David Ortiz, Hank Aaron, Carl Yastrzemski, Joe Torre, Reggie Jackson, Mariano Rivera, and Roger



Left, John and Jane Ellis. Below, from the left, Derek Jeter, Didi Gregorius, Tommy Kahnle and David Robertson attending the 2018 Celebrity Dinner at Mohegan Sun.



New location, right, at 15 North Main Street in Old Saybrook.



Clemens. There are new fundraising initiatives: Cycle Against Cancer, the Fishing Against Cancer tournament, and a Speakers Program. And there is assistance for ILROG - the International Lymphoma Radiation Oncology Group. "We're global in nature but local in giving," observes John.

The foundation recently (July 2017) opened its new location at 15 North Main Street in Old Saybrook. Every aspect of the new facility focuses on the foundation's mission. There is a Hall of Fame. "It's a museum piece," says John. "A tribute to some of the wonderful baseball players who helped literally to build the foundation." There is an art gallery to hold exhibits benefitting the foundation.

John and Jane have assembled plenty of stories. John laughs over that second celebrity dinner when Joe DiMaggio wouldn't sign memorabilia Whitey Ford brought along for him to sign. Yogi Berra successfully intervened. And then there was a single mother whose child was suffering from a rare cancer. "I'll never forget that for the rest of my life," recounts Jane. "They were homeless. She didn't know how to feed her children that evening. We gave her \$2,000. That gave her hope. We continued to help her. We got furniture... I had John schlep it all in his truck."

Thirty years ago, the couple wondered if they'd still be needed. Surely, cancer would be beaten already. "Our mission is more relevant today than 30 years ago," explains Jane. "Everyday expenses... it's so much more expensive to live. Our help is needed more than ever." "There's plenty of work here," adds John. "We look forward to making sure the foundation goes on and on."

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